

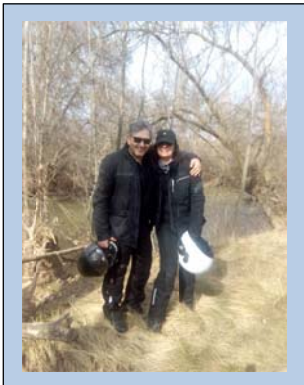
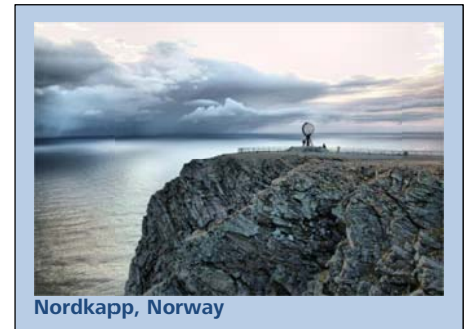
# "Getting over cancer on a motorcycle: heading North Cape"

## The scheme

We will cross Europe from South to North, reaching the point most to the north in said continent, Nordkapp in Norway, where we will be able to watch the Midnight Sun. The total trip, go and back, will take about 12,000 km and 25 to 35 days. It will be mostly done by motorbike, and a small part by ferries.

The aim is to overcome the effects of cancer and its treatments. First of all, by means of the designing and organization of the trip, this will help making the treatment and its side effects more bearable. The illusion, scheduling and keeping the mind occupied, makes this part of the work.

On the other hand, we must get in a good physical condition that allows us to endure such a demanding trip.



## The team

Rider: Angel L. Jubete (54), sailor and lawyer, President of Rotary Motoclub of Spain (IFMR-Spain), has also been redactor, lecturer, arbitrator and mediator. Diagnosed three years ago of colorectal cancer, stage IV, with multiple liver metastases. Initially, he was given six months. After changing medical equipment, he is still fighting against the disease with a fairly good quality of life, under the care of the great team of H.U. Infanta Sofia, led by Dr. Casado Saenz M.D.

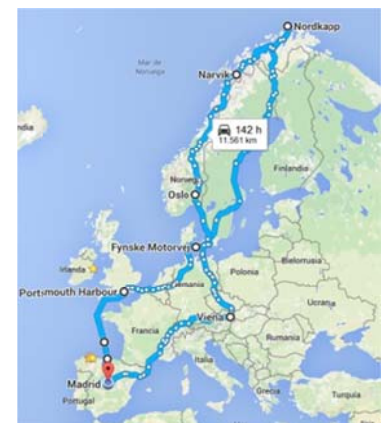
Pillion: Gracia Garcia-Arias, BA in Information Sciences, Master in Commercial Advertising and CEO of a large family. Unconditional nurse of the rider, night and day, since they began together the war against the "bug".

Both have shared many miles riding a motorcycle, before the illness, and after.

## The trip

The target is to cross the continent from south to north, reaching North Cape (Nordkapp) in Norway, the northernmost point of Europe. The return way is not yet closed, though it could be something like in the graphic. The rider is President of the Spanish chapter of the International Fellowship of Rotarians Motorcycling, with presence in almost all European countries, which will certainly make visible the trip in the countries that we will go across. We plan to go through Spain, England, France, Belgium, Holland, Germany, Denmark, Sweden, Norway, Czech Republic, Austria and Switzerland. We have not yet rejected a possible way through, Poland, the Baltic republics and Finland.

The trip will take place in the **summer of 2017**. Each year a number of bikers goes up to Nordkapp, as this geographical point is something like a place of pilgrimage. The difference of our trip is that the pilot is fighting cancer, which is an additional difficulty to a motorcycle trip already very demanding and complex.



## And the target

We will give the widest possible broadcasting of the project, because we want to transmit our total conviction that making projects of future, having hopeful anticipation, taking care of the developing and finally carrying them out produces enormous benefits to cancer fighters.

On one side, we all know that having high attitudes positively reinforces treatments. It is essential to continue with life ahead; cancer today has good prognoses in many cases, of becoming chronic and even healing, allowing to proceed with life under similar vital conditions to any other non-sick person. As my oncologist says, is not only as to add days to life, but to add life to said days. On the other, to have a regular physical activity has shown to intensify the therapeutic effect of treatments and soften some of the side effects.

We have a year ahead of us to prepare the trip. During that time we have to arrange many things, especially taking care of having a good physical and psychological training. We will plan little and medium trips meanwhile to start getting ready for the big one, which will be about 30 days of average daily stages of 500 km on a motorcycle, from the summer heat of the Iberian Peninsula, to the freezing cold at the north of the Arctic Circle.

It is our sincere hope that all our efforts help other affected persons by this disease no longer terrible.

Where there is a will, there is a way, so **WE WILL WIN !!!**

For more information:

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